

A script from



## “Trash”

by

onetimeblind

[www.onetimeblind.com](http://www.onetimeblind.com)

- What** Why do we carry so many burdens when we’re meant to live in freedom? Check this out to find out what Jesus thinks about all our trash. **Themes:** Guilt, Forgiveness, Freedom, Surrender, Burdens
- Who** Jesus  
Kat
- When** Present
- Wear (Props)** 2 Large black trash bags filled with trash  
1 Large plastic jar
- Why** Matthew 11:28-30, Romans 8:1-2
- How** Keep the dialogue energetic and conversational. For more ideas on how to perform this skit, visit [SkitGuys.com](http://SkitGuys.com).
- Time** Approximately 3-5 minutes

*Jesus enters from stage right, stopping at center stage. Kat enters from stage left, carrying a few bags of heavy, disgusting garbage. She walks past Jesus, who stops her.*

**Jesus:** Hey, Kat!

**Kat:** *(Taken aback)* Jesus!

**Jesus:** It's been a long time.

**Kat:** *(Self-conscious about the smell from the trash she's carrying)* Yeah, ummm, I didn't expect to see you here.

**Jesus:** Whoa! What's that smell?

**Kat:** Smell? Well, um, that's my trash. I'm a little embarrassed about it.

**Jesus:** Oh, well, is that why you've been avoiding me?

**Kat:** Avoiding you? I haven't really been avoiding you. I just, you know, I don't want to get close to you. I mean, I just don't want you to smell it.

**Jesus:** I'll take it, Kat. C'mon. *(Jesus reaches out to take the trash bag.)*

**Kat:** Oh, no no no no no. That's okay. I mean, I made it. It's my trash, ya know. I should carry it. It's okay.

**Jesus:** Yeah, but Kat, I mean, this is my job.

**Kat:** Right.

**Jesus:** I take people's trash. It's what I do, so...

**Kat:** Right, okay, well maybe I could go and just clean it up a little bit, you know? And then I'll come back.

**Jesus:** No, Kat, I don't need you to do that. I'll take it from you so you don't have to carry the weight.

**Kat:** No, well, I, uhh...

**Jesus:** C'mon. Just hand it over. Alright? Let go. Yeah? *(Jesus takes the garbage bags off Kat's shoulders, careful not to get her caught in it, and sets it aside. He then stands Kat upright and begins to help her move her arms freely, no longer holding the bags)* How's that feel?

**Kat:** *(Surprised)* Weird. Oh wow! That is crazy!

**Jesus:** Yeah? Just loosen it up a little bit.

**Kat:** Whoa, check that out! I don't know if I've ever moved like this before! I mean, this is crazy! I just feel so free and alive!

**Jesus:** It's the lack of trash!

**Kat:** It's just like...this is the craziest feeling I have ever had... *(something shifts in Kat's attitude)* it's just like something's missing, you know?

**Jesus:** Well, get used to feeling free, 'cause that's what you are now!

**Kat:** Right, okay...

*Kat moves back to her bags of trash that Jesus set behind him.*

**Jesus:** What are you doing?

**Kat:** I just gotta get one thing, okay? Hold on just a minute.

*To read the rest of this script and perform it, download the full version at [SkitGuys.com](http://SkitGuys.com)!*

**ENDING:**

**Jesus:** Look, don't you see what's happening? Every time I take your trash away, you come back and take another piece. And the more pieces you carry around, the more trash you attract. It reeks! *(Jesus goes down to Kat, lifts her head up, and looks her in the eye)* Kat, when I look at you, I don't see your sin...I see you. The real you. The free you. This is what I'm fighting for. This is what I died for.

**Kat:** Jesus, I'm sorry. I just...please forgive me.

**Jesus:** I've already forgiven you. The question is...will you forgive yourself?

*They stay there for a moment, then Kat exits stage left, still holding the jar. Jesus exits stage right.*