

A script from



“This Messy Gift”

by
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- What** Depression can be crippling, but we serve the God who is unfazed by our discouragement and will not go away. Here are 3 testimonies in a Reader's Theatre of ones who have experienced victory.
Themes: Depression, Anxiety, Mental Illness, Freedom, Victory, Celebrate Recovery
- Who** Reader 1
Reader 2
Reader 3
- When** Present
- Wear (Props)** 3 black binders
- Why** Deuteronomy 31:8; 2 Samuel 22:29; Psalm 31:22,24
- How** It's really easy to rush through lines with this type of script. But there is a rhythm to these words, so keep a steady pace. All three readers should speak as one person. Have someone direct, or listen, to your rehearsal so they can give you feedback on your timing. Be careful not to be too melodramatic.
- Time** Approximately 4-5 minutes

The 3 actors speak directly to the audience as to one person. Spoken slowly at first, then quickly building, like an approaching train, words tumbling on top of one another.

- 1: Xanax.
- 2: Prozac.
- 3: Paxil.
- 1: Risperdal.
- 2: Remeron.
- 3: Wellbutrin.
- 1: Blunt the pain.
- 2: Dull the edge.
- 3: Make it stop.
- 1: Go away...
- 2: Make it stop.
- 3: Make it stop!

Short beat, then pick up pace again.

- 1: Go to sleep.
- 2: Just awhile.
- 3: Go to sleep.
- 1: Curl up tight.
- 2: Make it stop.
- 3: Just awhile.
- 1: Breathe...
- 2: Breathe...
- 3: Breathe...
- 1: Can't think.

- 2: Won't eat.
- 1: Restless.
- 2: Sluggish.
- 3: Shattered.
- 1: Splintered.
- 2: Hopeless.
- 3: Helpless.
- 1: Worthless.
- 2: Scared.
- 3: Caged.
- 1: Can't think.
- 2: Won't eat.
- 1: Restless.
- 2: Sluggish.
- 3: Shattered.
- 1: Splintered.
- 2: Hopeless.
- 3: Helpless.
- 1: Worthless.
- 2: Scared.
- 3: Caged.
- 1: All...
- 2: Alone.
- 3: Want to die.
- 1: Scared to live

- 2: Scared to die.
3: Want to live.
1: Want to live.
2: Somewhere-
3: Deep inside-
1: Please, God...
2: ...I want to live!

About 2 pages have been omitted from this script preview. To read the rest of this script and perform it, download the full version at SkitGuys.com!

ENDING:

- 3: And now, I am daily brought to Truth. Through up and down and sleep and waking, through desperate need and quiet realization... Truth.
1: "I am under vows to you, O God; I will present my thank offerings to you."
2: "For you have delivered my soul from death and my feet from stumbling...
3: ...that I may walk before God in the land of the living." This is Truth:

After a "settling beat"...

- 1: I continue to live in Him, rooted and built up in Him, strengthened in the faith I was taught, and
2: Overflowing
3: Overflowing
1: Overflowing
2: With thankfulness.

A short "joyful beat": Then, with quiet confidence...

- 1: Why so downcast, oh my Soul?
2: Hope in God!
3: For I will yet praise Him!

Lights out.