

A script from



"My Name is Fear"

by
Rebecca Wimmer

- What** The most often given command in the Bible is "Do Not Fear" or "Fear Not" or some version therein and yet, how often do we disobey that command and allow fear to grind us to a halt leaving us like deer in the headlights and letting God's will go unlive in the world? Themes: Fear, Control, Freedom, Courage, Bravery, Trust, Faith
- Who** Fear- Any age, male or female
- When** Present
- Wear (Props)** Fear should be dressed all in black and wearing a nametag that reads "Hello My Name is Fear."
- Why** Romans 8:15-16, 1 Peter 3:13
- How** This is a very short monologue that can be used as a "sermon set-up" or intro into a message about fear. Try not to be too melodramatic, but simply talk to the audience. It has a poetic and rhythmic feel, so pay attention to your pacing. Fear is frighteningly appealing, coy and sly. This script could also be broken up into a Reader's Theatre to add more people.
- Time** Approximately 1-2 minutes

Fear: My name is Fear. I'm a thief. I steal life. I steal confidence. I steal peace. My name is Fear. And I hate light. I love the dark. But you want to know a secret that's not really a secret at all? *(Leaning in to the audience as though ready to share some deep knowledge.)* I may feel powerful...but I'm very weak. I don't exist if you don't let me. I don't survive if you don't feed me. I won't live if you kill me. But you don't.

My name is Fear and I keep kings from becoming kings. My name is Fear and I stop willing hearts from doing much of anything. I've held back helping hands. I've sent armies marching through lands. I've forced you to sit down and not take a righteous stand. That's what I do.

My name is Fear. You used to know me as the monster in your closet. Now you know me as the monster in your every day keeping real living at bay. You let me own you. You let me control you. You let me slow you to a ridiculously boring pace. My name is Fear and you all too well know my face.

My name is Fear. *(Taking off nametag and balling it up and tossing it at the audience.)* I need no introduction wherever I go. They know my name is Fear. I'm welcome here because you say it's so. My name is Fear. You have invited me. I know that's true because, well...otherwise I wouldn't be here with you.

But, *(leaning in again in secret-telling fashion)* you see, I can't stay if you don't let me. I can't win if you best me. I can be broken if you just break me. But you don't.

My name is Fear until you say it isn't. But you won't.

Lights out.