

## **“Easter is FOMO (Fear of Missing Out)”**

by  
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**What** In this monologue for a teen or adult, the concept of FOMO (fear of missing out) is brought to the crucifixion story, imagining what it would've been like to be part of the story.

Themes: Easter, Monologue, Crucifixion, Resurrection, Teenager, Adult, Social Media, Live Streaming Friendly, Zoom Friendly

**Who** Teen (or adult)

**When** Present

**Wear  
(Props)** None

**Why** John 14:6

**How** Keep your dialogue conversational, speaking to the audience as if speaking to one person. When transitioning into portraying the different voices, try not to make them too comical. Don't go for the laugh, but instead work on the emotion.

This skit can be performed on a video platform like Zoom or done on a traditional stage. Directions are for a Zoom presentation but can be adapted for the stage. Suggested Zoom background: Doing simple image search for “social media” gives you plenty of options. Don't use a background that is too busy or it will distract. Keep your dialogue conversational, speaking to the audience as if speaking to one person. When transitioning into portraying the different voices, try not to make them too comical. Don't go for the laugh, but instead work on the emotion.

**Time** Approximately 3 minutes

*Actor addresses the audience.*

**Actor:** Ever heard of FOMO? It's a social media term. FOMO. The fear of missing out. Studies show that the fear of missing out among teens is generated by high levels of social media use and can lead to depression and anxiety. One in two teenagers feels they are missing out on the seemingly perfect lives that others portray through social media. Teens also feel they are having less, quote unquote, rewarding experiences than their friends.

Of course, they are wrong. But the impression remains, and it has a powerful effect. They lose perspective and hope.

Many skilled professionals are developing new strategies to help social media addicted teens and adults to see a healthier reality.

I sometimes wonder if any of the people who followed Jesus did so out of their own fear of missing out. Think about it. In modern terms, Jesus was trending. Going viral. Drawing attention to himself with miracles, wonders, and teachings about a God who cares and a gospel of truth and hope. And the curious flocked to him. I can imagine them, at times, pushing and shoving to get closer, fueled by their own anxieties of not wanting to miss out on seeing the next miracle. Or, wanting to be part of the chosen worshipers of this new preacher, because His followers had it made. They walked with the man himself. They were seen with the man himself. They were trending, too.

And then came Passover. Jerusalem. The triumphant entry into the city.

*(dramatic voice)* "Yeah, I'm not being left behind! I'll wave this palm branch. I'm liked!"

*(back to normal tone)* Then...reality. First, the cleansing of the temple.

*(anxious voice)* "Wait, I'm not sure I want to be part of this. Dislike."

*(normal tone)* Then the trial. Pilate presiding, washing his hands of this man who they thought was the one to follow. To be seen with.

*(disillusioned voice)* "Now look at him. What was I thinking? I'm blocking him. He's out of my life."

*(back to normal tone)* At the cross, it ended for them. The curious remained. Then, they drifted away, disillusioned and without hope.

Until. He was trending again.

"Easter is FOMO (Fear of Missing Out)"

*(hopeful voice)* "Did you hear? A sealed tomb, opened by itself? His body, missing, witnesses seeing the risen Christ. Could it be? Do I dare believe it?"

*Pause.*

*(normal tone again)* Jesus' death and resurrection invites us to a healthier reality. An invitation to a faith that slays our anxiety and fears of missing out. Missing out on the life he gave us on the cross. A life of pure trust, tuning out what the world says is true, and committing, fully, to the living truth.

*Pause.*

Unblocked.

*Lights out.*